



# PHYSIOLOGY OF VITAMIN D

PATIENT STATUS	ng/mL of 25(OH) Vit D*
Vit D Deficiency	<10
Vit D Insufficiency	10-30
Vit D Sufficiency	>30-100
Risk for Toxicity	>100

## VITAMIN D RELATED DISEASES:

- Rickets in Children
- Osteoporosis, Osteomalacia
- Cancer
- Type II Diabetes
- Peripheral Artery Disease
- Auto Immune Diseases
- Parkinson's disease

\* Based on a vast majority of clinical studies to define normal circulating 25 OH VIT D levels e.g. US National health and Nutrition Examination Survey (US NHANES-study)

